

THAMES PATH

NATIONAL TRAIL 

Plastic Water bottles and the River Thames



Abingdon Water Fountain and Oneless bottle in London

Plastic water bottles are top of the pollution statistics. Water bottles make up nearly half of all plastic drink bottles found in the River Thames. Let's banish them from the Thames Path! Take a reusable water bottle on your walk. Many Environment Agency's Locks on the Thames have drinking water taps where you can top up for the next section of your walk.

Download the Refill app to find your nearest water refill station in towns and cities along the Thames Path <https://www.refill.org.uk/>

Some shops and cafes display Refill signs so you can refill your water bottle for free.

[Refill Oxford](#) has signed up more than 200 sites where people can top up water bottles, including many pubs, cafes and shops in the city centre.

Abingdon-on-Thames has a public water fountain set into the outside wall of the Guildhall, just a few strides off the Thame Path at Abingdon Bridge. Many cafés and pubs are also part of the Refill scheme.

The Chocolate Café in Henley is one of the town's water bottle refill stations. You can also refill at the **River and Rowing Museum**, just by the Thames Path on Mill Meadows.

Marlow Town Council is committed to sustainability and recently installed two water refill stations. One at The Causeway is alongside the Thames Path. The other is at Higginson Park, west of the town centre.

[Reading Refill](#) app shows the shops and cafes where it's easy to top up your water bottle. Reading Council is considering opening up its public water fountains too.

In London a network of more than 150 drinking water fountains is being set up in busy and accessible areas. Last year 82% of Londoners used refillable bottles, often topping up at the #OneLess refill stations. <https://www.onelessbottle.org/impact/>

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THE THAMES PATH NATIONAL TRAIL PARTNERSHIP

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