GORING TO PANGBOURNE (see map below)

Water walk: This walk takes you through the dramatic Goring Gap, with the hills dominating the Berkshire Downs to the west and the wooded Chilterns to the east. The Goring Gap is the narrowest part of the Thames Valley with the river and a railway nestled between the hills either side. Downstream of Goring the walk takes you under Brunel’s red brick railway bridge and over the only one of the two remaining toll bridges on the river, in Whitchurch.

Refreshments: You will find several lovely pubs in Goring. In Whitchurch there is the Ferry Boat or Greyhound and Pangbourne boasts more enjoyable hostleries, including The Swan which overlooks the river and is where an exhausted Jerome K Jerome finished his journey in ‘Three Men in a Boat’.

Distance: 5 miles
Duration: 2 hours
Train stations: Goring & Streatley, and Pangbourne