

National Trails

in England
and Wales

Pennine Way

Profile and Geology Map

NATIONAL TRAIL



National Trail
National Trail approved
but not yet open
National Park
and equivalent area



For more information contact:

The Pennine Way National Trail Officer,
The Countryside Agency, Yorkshire and Humber Region,
4th Floor, Victoria Wharf, No.4 The Embankment,
Sovereign Street, Leeds, LS1 4BA, UK.

Telephone: 00 44 (0)113 246 9222

Email: pennineway@countryside.gov.uk

Website: www.nationaltrail.co.uk

Cover Image: Malham Cove

Once in a Lifetime

The Mountain Code

- Know how to use a map and compass.
- Know the weather signs and local forecast; plan within your capabilities.
- Know simple first aid and the symptoms of exposure.
- Take windproofs and fleece.
- Ensure someone knows your plans.
- Keep alert all day!

Interested?

In partnership with Aurum Press the Countryside Agency has published an official guide for the Pennine Way National Trail which has been written by local expert Tony Hopkins and comes in two parts – South ISBN 1854 106 724 and North ISBN 1854 108 514.

To help you plan your walk, comprehensive public transport and accommodation leaflets are also available from www.nationaltrail.co.uk

The Pennine Way Association produces an Accommodation and Information Guide and further information can be found by contacting them via:

John Needham, 23 Woodland Crescent, Hilton Park, Prestwich, Manchester, M25 9WQ, UK.



Desert Sands

The youngest rocks you will encounter on the Pennine Way are in the Eden Valley. Here Permian and Triassic Strata abut against the Carboniferous Strata. These beds of New Red Sandstone accumulated in desert conditions. It is commonly seen in the building stone used to build the houses and farms of Dufton.



Volcanic Activity

In contrast to all the steady deposition further south, further north in Northumberland there was a large volcano pouring out ash and lava into which the granite of the Cheviot itself was later intruded.

